



Diana Paton, Chief Executive: Louie was of great help, assisting me to develop a way of considering the issues of governance for my organisation from a number of stakeholder perspectives. She has a thoughtful and insightful style and her questions served to challenge and develop my thinking around governance and the bigger picture.

1-2-1 CONFIDENTIAL: COACHING FOR DYNAMICAL CHANGE

WHY THIS? WHY NOW?

Something has drawn you to explore how to support yourself in your life and work. Perhaps...

- ❁ your career is in danger of stalling; you are not getting the rewards or progression you want
- ❁ you are experiencing anxiety and stress, wondering how you are possibly going to emerge intact and sane from this time of crisis
- ❁ there is change afoot in your organisation bringing new challenges and uncertainties; maybe there is new leadership, a restructure or a new role for you
- ❁ you are fire-fighting and not finding time to reflect on your dreams, hopes and future direction

Whatever your situation, you sense that something like **1-2-1 CONFIDENTIAL** could make a difference.

Tim Johnson, Executive Director: Louie helped me develop a clear perspective and a way forward on a series of complex issues, within a period of intense professional change and personal challenge. She is calm with an incisive approach which I feel is the perfect response to the often frantic pace of life. After each session I have without exception felt energised, focused, confident and better enabled to deal with whatever life throws at me!

1-2-1 CONFIDENTIAL: FOR PEOPLE WHO MEAN BUSINESS

Having the support of someone with core leadership credentials whom you trust and with whom you can safely explore your hopes, challenges and choices could be just what you need right now. You will want to know that confidences will be kept and that you have someone alongside, capable of both challenging and supporting you. You will want someone with whom you have strong rapport. All this is fundamental to our **1-2-1 CONFIDENTIAL** relationship.

Over 25+ years in the field, I have developed skills beyond conventional leadership and coaching approaches. I work with you as a complex individual challenging limitations and assumptions that can elude traditional coaches and inexperienced practitioners.

Eilidh MacDonald-Harte, Director: Louie's skill, wisdom and insight is exceptional as a supervisor and coach. I would recommend her to anyone in the business world looking to transform how they currently do things to get better results.

BENEFITS TO YOU

1-2-1 CONFIDENTIAL affords many possible benefits – usually more than clients expect or anticipate

- ❁ Greater adaptive capacity as a leader - enhanced ability to navigate chaos and uncertainty
- ❁ Greater resilience and resourcefulness
- ❁ Personal and organisational transformation
- ❁ Outcomes more regularly and reliably accomplished
- ❁ Enhanced emotional intelligence and self-confidence
- ❁ Credibility and personal reputation enhanced
- ❁ More energy, passion and fulfilment
- ❁ A Work : Life balance that works
- ❁ Improved ability to collaborate
- ❁ Improved performance

Rob Flinter, Director: The work I undertook with Louie was rewarding, stimulating and extremely challenging. I would go so far as to say that my experience has been life changing. As an individual who was considered high performing in my organisation, Louie's support brought unexpected dividends. This process provided an opportunity to challenge my assumptions and judgments about people management and to consider issues more fully from different perspectives. I would strongly recommend Louie because of the skills, experience and insight she brings to the process.

A LITTLE ABOUT ME

I come with a proven track record, having developed coaching, supervision and facilitation as core capabilities in my leadership, long before coaching emerged as an independent industry. I am a

- ❁ Master Coach, International Inst. of Coaching; MBA (Dist.); European Mentoring & Coaching Council; Assoc. of Coach Supervisors; Assoc. for Coaching; Assoc. of Management Education & Development
- ❁ Former CEO; Corporate Performance and Management Development lead
- ❁ Leadership consultant, coach & coach supervisor: supporting transformation; designing systemic interventions, navigating through crisis and chaos
- ❁ High-level facilitator: strategic development; Board/governance crises; team conflict and problem-solving; strategic stakeholder collaboration

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