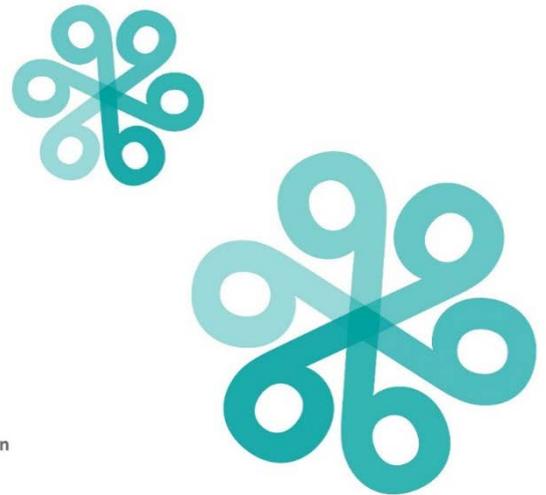


SYSTEMIC COACHING - THE POTENT 6 CONSTELLATION (LEVEL 1)

IF this is for you, then you...

- ✿ are excited and intrigued by the possibilities of consciously working systemically
- ✿ have experienced some limitations and frustrations with existing approaches, models and methods
- ✿ want to understand more about complexity science and how to apply theory and principles simply and effectively in your practice
- ✿ will have attended our Entry Level training
- ✿ feel moved to register because you sense this speaks to something you are reaching for ...even if you don't quite know what or why



Benefits

The Level 1 Practitioner training will provide you with a map unlike any other coaching or therapy model/approach you may have come across. Borne out of years of empirical research married to theory and principles of complex adaptive systems, the Potent 6 Constellation is a profoundly simple yet powerful resource. This training will support you to attune yourself in readiness for

- ✿ growing your **adaptive capacity**
- ✿ enabling you to **consciously work systemically**
- ✿ enhancing your **fluency**
- ✿ liberating your **artistry** in your field of practice

What to expect

Many entry level coach programmes offer fairly simplistic, formulaic ways of working with clients. These are fine as a starting point but they do not prepare the coach to enter, navigate through and hold the complex intra- personal dance that a client may present. Something different is needed that weaves between the depth, past- present preparation and focus of therapists and the present-future (often, emotion-avoidance) focus of coaching.

The Potent 6 Constellation offers revelation, translation, navigation, transformation. It opens up the space for supporting clients yet does not force the entry point; it holds a framework for translating between cognitive, emotional and behavioural sense-making whilst honouring embodied understanding; it offers a map of the territory but does not force the pathway travelled; it illuminates what is out of view, aiding discovery of what locks old patterns in place and what might free up new pathways to self-transformation; it liberates potential and flow and does not force premature declarations of desired destinations. It accommodates conventional approaches; and invites emergence by embracing the chaos that is typical of systemic realities.

This training focuses on learning to access the power of the Potent 6 Constellation by working with current issues affecting people's lives. In a mix of whole-group, trio, paired and solo engagement, participants will learn through reflection and experience as observer, client and coach/facilitator. Together participants will grow individual and collective awareness, deepen understanding and learn how to more effectively create conditions for personal and systemic transformation. Practitioners will begin to see how the Potent 6 Constellation offers multiple ways in, multiple pathways through and multiple 'exit' points for clients. Additionally, practitioners will get a taste for how the Potent 6 Constellation accommodates practitioners working at different depths, according to experience, confidence and the readiness of their clients to stay at the surface or to dive deep.

CPD with a difference: A unifying whole

Whilst there are many CPD opportunities within separate coach and therapeutic disciplines, there is virtually nothing that bridges the 'divide'. In the realms of working with the complexity of human systems dynamics, this can appear artificial and somewhat arbitrary. Little has been explicitly focused on encouraging coach practitioners to extend the depth and breadth of their capacity to dive deeper with a client when the need arises. Weaving principles of complex adaptive systems and other complexity theory into the mix, the Potent 6 Constellation brings something to all. Therapists will find themselves more able to stretch out into other realms more comfortably occupied by coaches; whilst coaches will find themselves better equipped to support clients to transition

Registered Office
Potent 6 Ltd
9 Ainslie Place
Edinburgh, EH3 6AT

Edinburgh Office
Potent 6 Ltd
45 Farrer Terrace
Edinburgh, EH7 6SG

T +44 (0) 7730 596 771
E louie.gardiner@potent6.co.uk
W www.potent6.co.uk
W www.coachsupervisiongroups.com

Company No SC316669

SYSTEMIC COACHING - THE POTENT 6 CONSTELLATION (LEVEL 1)

from surface cognitive explorations to more holistic, sense-making experiences that integrate emotion, cognition and action in support of embodied learning and personal, systemic transformation

Now what

If you are intrigued and ready, then sign up for this [Systemic Coaching](#) workshop for The Potent 6 Constellation. In this we set the conditions for integrating and expanding individual and shared learning and practice. Participants will come to recognise the complementary, embracing nature of the model - how it validates current knowledge and skills; and how it has the potential to inform, enhance and deepen capacity to work more powerfully and systemically in a multitude of settings. Follow the links to find out more about Practitioner training

EDINBURGH TRAINING DATES

EMBRACING COMPLEXITY in coaching and therapeutic relationships - 6 hrs CPD

Dates in 2015: 19 March or 17 Sept

Fees: £95

Flyer: [Embracing Complexity](#)

To book: [Register here](#)



SYSTEMIC COACHING - the Potent 6 Constellation - 18 hrs CPD

Dates in 2015: 20-22 March or 18-20 Sept

Fees: £600

Flyer: [Systemic Coaching](#)

To book: [Register here](#)



Registration and payment

Registration is through eventbrite with payment online via paypal or by invoice and BACS. Because these training events consist of very small cohorts, last minute cancellations will incur a 50% non-refundable fee if you cannot transfer to an alternative training date within the next 6 months. If Potent 6 has to cancel the training, all registered participants will be invited to register to the next available dates.

Training on-demand...

...is also available in other locations on a commissioned basis. If you have 6 people in your locality who want to attend and who are willing to source the training, then special arrangements can be made. If this interests you, please get in touch

louie.gardiner@potent6.co.uk

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