



## Embracing Complexity in Coaching and Supervision

### An AOCS and Potent 6 workshop

The AOCS NW group are delighted to be hosting another workshop for practitioners who want to continue their development as professionals to offer greater support to their clients.

Today, as much as ever, we and our clients face complex and uncertain times and so, understanding how we might better navigate through these using a systems perspective will expand our range and practice. This one day workshop introduces theory and principles of complex adaptive systems and illustrates how these show up and inform what happens within and between individuals. You will be introduced to new and different ways of seeing and understanding the patterns and dynamics at play in the human systems in which you find yourself.

- New ways of seeing what is present within and between us: '3 types of change'; Adaptive Action
- Understanding 'patterns' and what creates them: complex adaptive systems in motion; CDE
- Playing with meaning-making: the 'Four Truths', multiple realities and multiple options for action
- Turning possibilities into pathways: seeking coherence over certainty: introducing the Potent 6 Constellation

This recent [Coaching Today](#) article gives a helpful overview of the focus of the workshop which has been designed with coach supervisors in mind, as well as dual trained coach/therapists, conflict mediators/ facilitators and more experienced coaches. Expect to leave with some simple models, methods and metaphors for understanding human system dynamics that can be applied immediately in your practice.

Our workshop leader is Louie Gardiner. She has over 25 years' experience in the field, and has developed skills beyond conventional leadership, coaching and supervision approaches. See more in her [AOCS profile](#).

Louie is donating part of the proceeds to the AOCS Scotland group to help us continue to meet our goal of promoting the value of supervision in our profession.

We look forward to seeing you there!

**Workshop details: Thursday 22<sup>nd</sup> May 2024**  
Days Inn, Weston Building, Sackville Street, Manchester, M1 3B

- **Venue:** Manchester tbc
- **Timing:** 10.00 to 16.30; arrive from 9.30 for coffee, registration and networking
- **Cost:** special workshop fee for AOCS members is £100, £120 for non-members.
- **EARLY BIRD BOOKING!** £75 for AOCS members, **£105 for non-members, if booked and paid by 12 noon on Friday 14<sup>th</sup> March 2024**
- **Payment:** £75 AOCS payable in advance to secure fee rate and place (details provided on registration)
- **Workshop size:** limited to 20 participants

How to book: email [julia.menaul@lineone.net](mailto:julia.menaul@lineone.net) to receive booking form and joining instructions, and for any other queries about AOCS membership. **For more information** about the workshop, feel free to email Louie on [louie.gardiner@potent6.co.uk](mailto:louie.gardiner@potent6.co.uk)