



Membership Invitation



Since July we have all been working hard to deliver our collective ambitions for primary care in Warrington. Warrington Health Plus was formed in July 2014 as a Community Interest Company (CIC) by the four Warrington Federations. This is an invitation for all Practices to be part of the CIC constitution.

In our work to date we have defined the clear principles that we will apply to our decision making and behaviours in order to achieve benefit for all. We hope that all Practices will feel inspired to work with us using these guiding principles to transform care for future generations. There is more information on our web site detailing how we are adopting these principles in the work of delivering the ten priorities that our GP membership defined in 2013. **We can achieve great things together over the coming months and years.**

Catherine Doyle

Dr Catherine Doyle, Chair
January 2015

www.warringtonhealthplus.org



About the CIC



- Warrington Primary Care Home CIC (known as Warrington Health Plus*) is a social enterprise that provides benefit for the people of Warrington defined as our 'Community of Interest'.
- It can deliver services, innovation, and infrastructure on behalf of its member practices.
- All Practices in Warrington are entitled to membership.
- The CIC was formed by the Warrington GP federations to deliver an APMS contract for NHS England demonstrating transformation in primary care. It provides a vehicle that could help us to sustain the future of general practice in Warrington.

* The idea that Primary Care is "The provision of first contact, person-focused, ongoing care over time that meets the health-related needs of people, referring only those too uncommon to maintain competence, and coordinates care when people receive services at other levels of care."

Starfield B (2008)



Our mission

General practice is the cornerstone of the UK NHS. It needs to be sustainable to provide for our population needs.

We need to deliver better work-life balance to attract and retain staff for the benefit of the public and the wider health eco-system.

We need to transform the way we deliver primary care practice through innovation, clinical engagement and clinical leadership.

Warrington Practices are working together beyond Practice boundaries to achieve positive change. The CIC is an enabler to make things happen.



Why I am involved

"This will succeed or fail on the quality of our relationships it's not about 'tick box'"

Audrey Fitzpatrick



"An opportunity that we have not seen for many years, to be able to implement our own ideas underpinned by funding for primary care – money will be invested IN primary care to design the delivery of services."

Dr Sue Burke



"A last ditch attempt to save primary care – to preserve the NHS free to the public at point of use, to keep general practice sustainable."

Dr Catherine Doyle



"We have the opportunity for initiatives to be rolled out to relieve pressure in primary care, additionally we have enabled resources to come into general practice, more nurses and appropriate skill mix."

Dr Mike Cardwell



"Engage in prevention education and early intervention, already an extra 1000 appointments a month that will grow over time."

Dr Ian Watson



"I want to be part of the change."

Dr Madhu Bhatnagar

"We have got a model of delivery of care that has not changed since 1947. Our patients are frustrated with it and we are frustrated with it, it's a way of enabling change to re-engage with what you enjoyed about being a doctor – different job plans, different ways of working – the alternative of doing the same is not attractive."

Dr Justin McCarthy



Our principles of practice

1

ACT FOR THE WELLBEING OF PATIENTS, PRACTITIONERS, AND THE HEALTH AND CARE ECONOMY.

Healthcare is an eco-system, everything we do affects everything else, 90% NHS contacts are in primary care. We need to work with this in our decisions taking action at every level to address the needs of patients and practitioners and getting the maximum benefit from any investment.



Our principles of practice

2

ENGAGE:

- With curiosity (we seek to replace judgement with curiosity)
- With transparency (we need to share openly, both data and views)
- With responsibility (we have responsibility for our citizens wellbeing and the wider health eco-system)
- With caritas (we engage with care and compassion with everyone)



Our principles of practice

3

FOLLOW THROUGH ON COMMITMENTS

- Engage with the ten work streams developed by the membership
- Support each other to achieve our collective ambitions
- Pro-actively participate



Our principles of practice

4

SHARE AND LEARN IN EVERY INTERACTION

- Share openly
- Offer support
- Seek to learn
- Celebrate success, progress, and learning
- Share intelligence
- Invest in CPD



Our principles of practice

5

TURN SCARCITY INTO CREATIVITY

- Working together collaboratively beyond the Practice walls to increase efficiency and make the most of resources and address work-life balance
- Working together on innovation and choice that seeks to address ever increasing demand cycles



Our principles of practice

6

PRACTICE ADAPTIVE ACTION

- Demonstrate a willingness to work in different ways
- Invite different perspectives to enrich creative opportunities and to 'think outside the box'

Adaptive Action:

What?

So what?

Now what?



**Q: how
will we
measure
these
practices?**

**A: Peer review 360
feedback – we are in
it together.**

The behavioural principles are there to guide the behaviour, decisions and practice of every CIC member (and ultimately hopefully patients and staff and those we do business with) and are therefore about living and working with 'self-responsibility and peer accountability at the heart of all we do'.



Join us...

As a member of the CIC you will benefit from everything that we do but you will also have the opportunity to influence and shape our plans. To find out how to sign up for your Practice please see the invitation posted to your Practice or check out our web site:

www.warringtonhealthplus.org

Catherine Doyle

CIC Chair

Our 10 priorities

- Access, demand and capacity
- Medicines management and prescribing
- Nursing and residential homes
- Primary care quality – a cohesive ‘Warrington Offer’
- Whole system/right care approaches (the right professional, the right place, the right time)
- Complex care including long term conditions including care coordination
- Promoting prevention and self-care
- Mental health
- Workforce and work life balance
- Public engagement and communications in primary care

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